



COVID-19 Guidelines for Programs

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COVID-19 Program Information

The health and safety of everyone involved in FPCC programs, communities and especially Elders, is of the utmost importance to us. We are taking action to maintain safe operations while supporting our communities and participants.

While many have been vaccinated, COVID-19 still poses a risk to our communities, staff and those most vulnerable to the serious effects of this illness. We want to be very careful that our programs do not put anyone at risk.

It is important that we take care of and protect our Elders and Knowledge Keepers, and those at a higher risk of illness. We need to work together to find safe ways to involve Elders.

Although funding for FPCC programs does not require proof of vaccination, FPCC supports each First Nation's self-determined right to protect their community and we respect any additional guidelines set by Chief and Council or local governments to help keep their communities safe.

Tcwemstwalhkhálap ("you folks take care of one another" in Ucwalmícwts)
Following these guidelines will help us take care of one another and keep each other safe.

Please note:

- Please ensure your project proposal meets the requirements listed in this document.
- FPCC staff are here to assist program participants with unexpected and unplanned changes as a result of COVID-19 impacts on programs.
- We will do our best to share information and respond to changes together. If you have any questions, please [contact program staff](#).



FPCC-funded projects must review the following COVID-19 project guidelines. Please note that all the guidelines below are subject to compliance with the PHO and your community's current guidelines and orders. This document will be updated as needed and program applicants and recipients will be notified and asked to review updated information.

1. The following guidelines are in place at all times:

- Abide by your community or First Nation's COVID-19 plan and orders.
- Follow the guidelines outlined in [B.C. Public Health Orders](#) (PHO), should any be in effect.
- Ensure that you have a COVID-19 safety plan (or follow the plan in place in your community).
- It is the responsibility of the grant recipient (organization or individual) to ensure public health orders are being followed.
- Project administrators must be prepared to modify their projects at any time if the PHO changes.

2. FPCC's current expectations for gatherings:

- Currently, there are no limits on the number of people attending an event, but the smaller the group, the less chance for exposure.
- Please ensure that indoor spaces allow for safe social distancing, offer N-95 or equivalent masks and hand sanitizer for participants and use spaces that have good ventilation or the opportunity to open doors and windows.
- We recommend that participants complete the [COVID-19 self-assessment tool](#) and do not attend in-person gatherings if they are feeling unwell.
- It's a good idea to provide both in-person and online options for program participation for those who do not wish to gather in person. FPCC staff can assist with advice on meeting remotely.
- While FPCC does not require proof of COVID-19 vaccination to participate in program activities, we continue to recommend vaccination to keep program participants and especially Elders safe.



We know that the work you are doing is important and we are committed to supporting programs through the ongoing COVID-19 pandemic. FPCC staff are here to support you and assist in planning or modifying your projects as we want everyone to continue this important work.

We encourage you to contact us if you have any questions related to your program, the application form, or if you require tools and resources to complete your project. We will continue to update these guidelines as needed.

Useful Links:

[FPCC Program Staff Directory](#)

[FPCC COVID-19 Resources](#)

[Current B.C. Public Health Orders](#)

[COVID-19 Self-Assessment Tool](#)

[COVID-19 Vaccine Info: First Nations Health Authority](#)